



Bundeena Public School Newsletter

Quality education in a unique and caring environment

Mr Gary Hart
Relieving Principal

Thursday 9th August 2007

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BUNDEENA NSW AUSTRALIA

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DATES FOR YOUR CALENDAR

Thu 16th Aug Rugby Clinic 10am
Mon 20th Aug Junior Choral Concert
Mon 20th Aug Book Week
Tue 21st Aug Senior Choral Concert
Mon 27th Aug P & C Meeting 7.30pm

(Note: this is not the usual date for our P & C)

PRINCIPAL'S MESSAGE:

What a great sight it was to see so many happy kids fully engaged in our school athletics carnival on Monday. I would like to again thank all the parents who arrived (almost at the crack of dawn!) to set up the oval for the day. It was so pleasing to see so many.

Sincere thanks to all the parents who helped throughout the day in various jobs from canteen helpers to timekeepers. To our school staff again a great job led by Ms Brady and Mr Smith.

I have organised lessons to be given to our senior girls to develop confidence when meeting/speaking and working with other people. These are being run by a professional stylist and I hope our girls find them of benefit.

Our school Music Festival Concerts at the Sutherland Entertainment Centre are coming up in the next few weeks. This is yet another opportunity for our kids & the teachers who have worked so hard with them to shine. I look forward to attending and encouraging our school at these performances.

PRINCIPAL'S AWARD:

Principal's awards go this week to Molly Galvin and Lily McGaw. Congratulations Molly and Lily.

KINDERGARTEN 2008 ENROLMENTS

Enrolment applications for Kindergarten 2008 are now being accepted. All children who attend The Goanna Patch and the Bundeena Preschool will receive an individual application. If there are children in the community who are eligible to enrol (turning 5 before July 31st 2008) please call into the school office for an enrolment form.

ATHLETIC CHAMPIONS 2007

Congratulations Jacaranda House as they narrowly defeated Waratah House to take out their fourth year in a row as school athletics champions.



Jacaranda, Winner – Athletics Carnival 2007



House captains: Scott Grant & Holly Hozack accept the championship trophy for 2007.

INFANTS ATHLETICS CARNIVAL

Our athletics carnival was a great day – beautiful weather, happy children and many willing helpers. You can all be proud of yourselves, boys and girls, for your good sportsmanship and enthusiasm.

Thank you to the many parents who assisted and cheered our young athletes on. Your support helps to make such school events a great success for the children.

Alan Smith

TREE PLANTING

We had a very pleasing afternoon of tree planting, mulching and garden maintenance last Friday. We were able to plant over 80 native trees and shrubs in the playground. A big thank you to Kerrie Davies who supplied us with lots of gloves and trowels and to Rose McLaggan who looked after and sorted the plants for us.



SPECIAL SWIMMING SCHEME

Children in Years 2 to 6 are eligible to participate in these Intensive Swimming Lessons.

Dates: Monday September 10th to Friday September 21st inclusive.

Place: Cronulla Indoor Swimming Complex

Travel: Bundeena Ferry and walking

Cost: \$77.50 (no gst) per student (pool and ferry) **No tuition costs.**

Children will come to school as normal. They will walk down to the wharf to catch the 12 noon ferry to Cronulla taking their lunch with them. Lessons last for 45 minutes. Children will return on the 2.30pm ferry, and they will be dismissed on arrival at the wharf. Children who need to catch the bus home can catch the bus at the wharf. Children who need to go to after school care can walk back to school with the teacher.

Application forms are available from Mr. Smith. There are a limited number of places available so sign up as soon as possible.

All teachers that accompany the students have completed the First Aid and Emergency Care Courses.

MINDQUEST

St George Girls High School, Victoria Street, Kogarah, Saturday 15th & Sunday 16th September 2007.

MindQuest will be held for Primary students from years 1-6 at St George Girls High. These include gifted and talented students, gifted underachievers and students with above average ability with a special interest. Students will have an opportunity to participate in over **38 exciting, fast paced courses in the two day program.** They include courses in chemistry, earth sciences, drama, logo lego, art and much more. Many of these highly successful courses have been run in the past and students' evaluations suggest that they have been challenged and enriched by the experience. The cost of the weekend is \$145 (inc. gst).

Brochures are available from Mrs Smith

DANCING CLASSROOMS:

All children in Year 5 and some boys in Year 4 have received a letter regarding their involvement in this prestigious competition involving 17 schools this year. Miss Natalia is again our dancing teacher and lessons are taking place in the hall on Tuesday afternoons. The P & C has agreed to partially subsidise the cost of dancing lessons so we are asking all families involved to contribute \$30. The **Dance Off** will be at the State Sports Centre, Homebush on Friday 16th November. We are sure our boys and girls will bring credit to themselves and our school.

NEWSLETTER SUBMISSIONS

All newsletter submissions should preferably be in 2 column format, Times New Roman font, 12 point. Headings in capitals, bold and underlined. Submissions should be emailed to the school email address bundeena-p.school@det.nsw.edu.au before 12 noon on the Wednesday before the newsletter

PSSA RESULTS

The PSSA winter sports season has come to an end. Unfortunately we were not in the semi finals this year, which will be played tomorrow. We were 6th in Junior Soccer and 5th in the other teams. Well done boys and girls for your efforts and commitment. Refunds are currently being organised in the office. Please be on the lookout for a cheque in the next few days.

We now need ALL soccer and netball shirts returned. These should all be freshly laundered and returned to the office as soon as possible. Thank you

CANTEEN NEWS.

ALL TUPPERWARE ORDERS MUST BE IN TO THE CANTEEN TOMORROW!!!

Roster:

AUGUST Friday 10th HELPER NEEDED
Monday 13th Dani Karis
Wednesday 15th Peta Sladek
Friday 17th Derek Engel

CANTEEN HELPERS:

We are desperately short of parent helpers for FRIDAYS in our school canteen, Dads, Grandparents, all welcome to volunteer. Your assistance is greatly appreciated. If you can help even on one Friday this term please contact Chrissie or Ang.

Thank you, Ang + Chrissie

STUDENT BANKING

Hi all,

Another term full of fun and exciting things. This term we are planning a raffle for all student bankers.

Each week you bank through the school you will get a ticket into the draw. The more weeks you bank the more chances you have to win our raffle. At the end of the term we will draw the lucky winner of our mystery prize. Good luck to all and happy banking. Rachelle Phillis

P & C FUNDRAISER

The easiest fundraiser ever!

Our school will receive \$5 for every old mobile phone we collect.

Simply bring in your unwanted mobile phones, no matter its age or condition and drop it off in the box in the school office. This not only helps the school but the planet too.

It is estimated that there are 16 million old mobile phones just lying around in offices and homes in Australia alone. These phones contain toxins that must not find their way into landfill sites.

We recycle all phones to the highest standards in accordance with the International Standards Organization ISO 14001.

So dig out those old mobile phones and send them to school.

FATHERS DAY STALL

Michelle Piggott on behalf of the P. & C. will be organising a Fathers Day Stall on Tuesday 28th August, anyone who can help Michelle for a couple of hours from 8.30a.m. **PLEASE LET MICHELLE KNOW.**

SSC Tree Vouchers

With your recently issued Council Rates there is a **free tree voucher**. Would any family that doesn't wish to use theirs please donate it to the school?

COMMUNITY ANNOUNCEMENTS

BUNDEENA MAIANBAR SOCCER CLUB

Wet Weather Game

Round Four Draw

Saturday 11th August, 2007

	Opponant	Time	Oval
6I	Bangor	8.00am	Billa Road 2
6F	Barden Ridge	9.45am	The Ridge Mini
7H	Engadine Eagles 2	9.10am	Anzac Oval 4
8D	Gwawley Bay	9.20am	Canberra Road 1
9E	Heathcote	9.00am	Heathcote Oval 1
10E	North Sutherland	8.25am	Sutherland Oval 2
13C	Grays Point	9.35am	Grays Point Oval
14B	Bangor	1.40pm	Billa Road 1
18B	Menai Hawks	12.30pm	Buckle Reserve 1

Round Ten Draw

Sunday 12th August, 2007

	Oppone nt	Time	Oval
W14C	Cronulla RSL	9.00am	Bundeena Oval 1
W15B	Loftus Yarrawarr	10.10am	Bundeena Oval 1
WSD	Engadine Eagles	10.00am	Anzac Oval 2
WSA	Georges River	8.20am	Oyster Bay
35C	Barden Ridge	2.45pm	The Ridge 6
AL05	Gymea United	11.40pm	Gymea Bay Oval 1

Enjoy
Champagne Cocktails
& Canapes
At the
Soccer Soiree

Saturday 11th August

7.30 - midnight

Dress - Cocktail or Eveningwear

Tickets \$ 20

To reserve your tickets call Jenny on 9523 3374
Please book early so we know how many canapés to order

BUNDEENA DISTRICT TENNIS CLUB

The annual general meeting will be held on Tuesday 14th August, 7.30 pm in the School Library. All members are invited to attend as this is the only place to air any problems.

Our next **REGISTRATION** night for our Adult Night Competition will be held at the courts **TONIGHT** 9th August. All new players need to come on this night as they will be graded.

If played before and can not make it on this night please ring Brenda on 9523 1138 or 0414 923 283

AUSTRALIAN CANCER RESEARCH FOUNDATION – CHARITY GOLF DAY

A huge thankyou to all those who helped, sponsored and donated gifts last Sunday at the Golf Day held at Boomerang Golf Course.

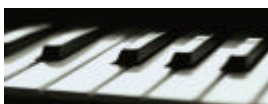
A Great day was had by all and we raised over \$2,500 for the Australian Cancer Research Foundation.

Photographs and details of how the fundraising effort is going will be posted on the website <http://www.bundeenamainbar.com/Nicola> early next week.

Our next venture is a Walk around Mont Blanc' Sponsorship details available on the website.
Many Thanks Angela van der Vliet and

Annette Porter

Small Adverts



Piano Lessons

Book NOW for Term 3

Roseanne Gissing.

Phone 9523 8068

FOR SALE

Triton 2000 work centre, Australian Made.

\$350 o.n.o. phone 0417 023 519

FOR SALE

Timber Wall Unit for sale.

3 pieces – drawers & glass doors. Good Condition.

Heaps of storage \$400 o.n.o. phone 0403 835 680

Various courses and information are mentioned in the newsletter as a Public Service to Parents at Bundeena School. Bundeena School in no way endorses these programs or companies.

GLASSES FOUND

A pair of glasses in a Black case were found in middle of road in Beachcomber Avenue 2 week ends ago, contact school office 9527.2133.

BRIEF PARENT TIPS

Healthy Habits

There are many ways that parents can help promote a healthy body image and healthy habits for your child at home. Here are some tips:

- ✍ Plan to eat home -cooked meals together as a family as often as possible
- ✍ Discourage eating meals or snacks while watching TV
- ✍ Encourage family activities that include enjoyable physical activity for everyone
- ✍ Ensure a safe environment for children and their friends to engage in active play (e.g. swimming, cycling, ball sports)
- ✍ Decrease the time spent in activities that involve sitting (e.g. watching TV, playing video and computer games)
- ✍ Encourage active commuting such as walking to school or walking to the bus or train.

The Australian Government has recently developed Physical

Activity Recommendations for Children and Young People:

- ✍ Children and young people should participate in at least 60 minutes (and up to several hours) of moderate - to vigorous intensity physical activity every day
- ✍ Children and young people should not spend more than two hours a day using electronic media for entertainment (e.g. computer games, Internet, TV) particularly during daylight hours.

Gastro

There's a bit of viral gastroenteritis in the community at the moment.

Typically we experience a seasonal increase in winter.

Please find below some tips from NSW Health to help stop the spread of gastro in schools and at home:

- Viral gastroenteritis is highly infectious and is most often spread through direct contact with an infected person
- Symptoms include nausea, vomiting, diarrhoea, fever, abdominal pain, headache, and muscle aches
- The most effective way to avoid gastro is to wash your hands thoroughly with soap and running water for 10 seconds before handling and eating food, and always wash your hands after using the toilet
- If you or your family contract gastroenteritis it is very important for you to stay home from school or work

If your work involves handling food or looking after children, do not return to work until 48 hours after symptoms have stopped